



Rude vs. Mean vs. Bullying

Because everything **isn't** bullying!!

What is Rude, Mean, or Bullying?

HAT ABOUT BULLYING?

**WE KNOW NOW THAT FOR
IT TO BE BULLYING**



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Rude



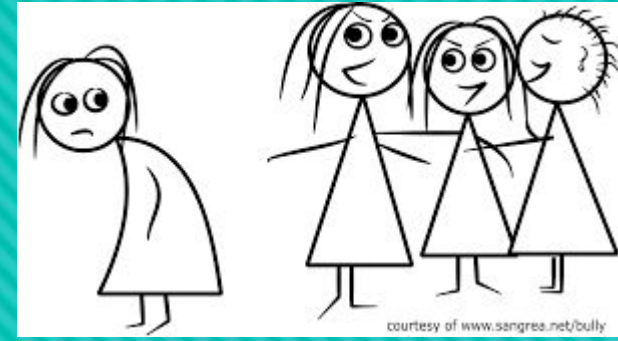
- *Accidentally saying or doing something that hurts feelings or embarrasses someone*
- Also inconsiderate, thoughtless, unplanned behavior, bad manners, only thinking about yourself, not meant to actually hurt anyone
- **EXAMPLES:** Burping, coughing, sneezing on others, bragging about the highest grade, cutting in line, horseplay, being disrespectful, getting in personal space

Mean



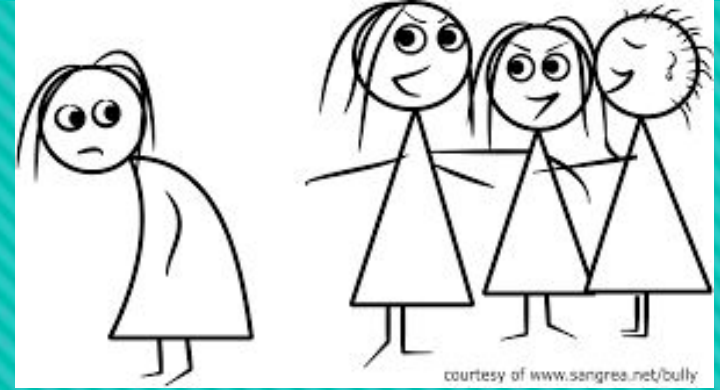
- *Saying or doing something on purpose to hurt someone maybe once or twice*
- Sometimes said in anger to make someone else look bad, we usually feel regret later
- **EXAMPLES:** criticizing or making fun someone's clothes or things you know they like. Breaking or stealing others belongings. Doing or saying something to "get even"

Bullying



- *Behavior that is on purpose, repeated over time and involves an imbalance of power*
- **4 types of bullying:**
- Physical: actions that hurt your body
- Verbal: words that hurt your feelings or make fun of you for things you can't change: skin color, language you speak, intelligence
- Friendship: words/actions that hurt your friendships, using a friendship or threatening to take friendship away
- Cyberbullying: intentional, repeated harmful behavior using technology

Review



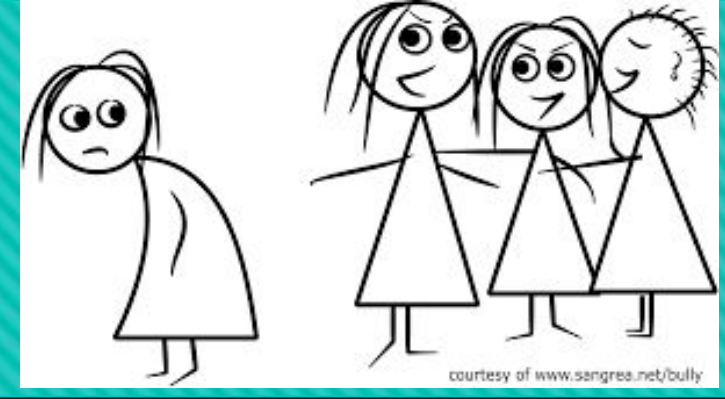
- **Rude:** Inconsiderate, thoughtless, unplanned behavior, bad manners, only thinking about yourself, not meant to actually hurt anyone
- **Mean:** *Saying or doing something on purpose to hurt someone, maybe once or twice, usually in anger*
- **Bully:** *on purpose, repeated over time and involves an imbalance of power*

BRAINSTORM!!!



- Work with your table to think of all the things you can that fit in each category

Lesson 4



After each situation is read, you will need to go stand under the sign that you feel fits the situation. You will then discuss as a group why you chose that answer and then your teacher will ask one person from the group to share their reasons with the whole class. Once all reasons for each of the groups has been shared, your teacher will offer the opportunity to switch groups if the explanation of the group makes you change your decision.

Resources

- **Whitson, Signe,**
http://www.huffingtonpost.com/signe-whitson/bullying_b_2188819.html
- <http://signewhitson.com>

- This PowerPoint created by: <http://exploringschoolcounseling.blogspot.com>